




# BLACK BELT WORLD MISSISSAUGA

**Weekly Class Schedule**  
(905) 803-1079

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM - 1:00 PM		Adult Curriculum All Belts	Adult Kyorugi All Belts	Adult Curriculum All Belts	Adult Poomsae All Belts	9:30 AM – 10:00 AM Tiny Tiger Ages 3 – 5	BIRTHDAY PARTY OR PRIVATE LESSONS  BOOK WITH US!  
1:00 PM - 4:00 PM	PRIVATE LESSONS					10:00 AM - 10:45 AM Children All Belts Ages 6 – 12	
						10:45 AM – 11:45 AM Family Class Children/Adult Mix	
4:00 PM - 4:30 PM	Tiny Tiger Curriculum Ages 3 – 5	4:00 PM – 4:45 PM Children Curriculum Blue to Black	**SPARRING** Students enrolled in 3x/week or more ONLY	4:00 PM – 4:45 PM Children Curriculum White to Purple	Tiny Tiger Curriculum Ages 3 – 5	11:45 AM - 12:45 PM Teen & Adult All Belts Ages 13+	
4:30 PM - 5:15 PM	Children Poomsae White to Purple Ages 6 – 12	4:45 PM – 5:30 PM Children Curriculum White to Purple	4:15 PM – 5:00 PM Tiny Tiger/Children Kyorugi White to Purple	4:45 PM – 5:30 PM Children Curriculum Blue to Black	Children Poomsae White to Purple Ages 6 – 12	HPAC will alternate from BBW HQ and BBW Oakville every Saturday  For Updates, News and Notices, Follow Us on Facebook:  <a href="https://www.facebook.com/BBWHPC/">https://www.facebook.com/BBWHPC/</a>	
5:15 PM - 6:00 PM	Children Poomsae Blue to Black Ages 6 – 12	5:30 PM – 6:00 PM Tiny Tiger Curriculum Ages 3 – 5	5:00 PM - 6:00 PM Children Kyorugi Blue to Black	5:30 PM – 6:00 PM Tiny Tiger Curriculum Ages 3 – 5	Children Poomsae Blue to Black Ages 6 – 12		
6:00 PM - 7:00 PM	Family Class Poomsae Children/Adult Mix	Family Class Curriculum Children/Adult Mix	Black Belt Kyorugi Black Belts Only	Family Class Curriculum Children/Adult Mix	Family Class Poomsae Children/Adult Mix		
7:00 PM - 8:00 PM	Teen & Adult Poomsae All Belts Ages 13+	7:00 PM – 8:30 PM HPAC KYORUGI	Teen & Adult Kyorugi All Belts Ages 13+	Teen & Adult Curriculum All Belts Ages 13+	BLACK BELT CLASS Black Belts Only	1:30 PM – 3:00 PM  KYORUGI	

## IMPORTANT INFORMATION:

- For safety reasons, parents/spectators are not allowed on the training area/matted surface
- Class schedule may be changed occasionally, every 6 months
- Colour Belt Test forms and fees must be in two (2) days prior to testing to avoid late fee of \$20
- Please try your best to attend class, as credit for missed days are not provided
- Students (Guardian) will be held responsible for any damages or vandalism made at BBW
- There will be no class on the last Friday of each month due to Testing

- Consultation with Master Chang or any instructor requires an appointment
- All uniforms and equipment worn in class must be purchased through Black Belt World
- It is mandatory for all students to be registered with Taekwondo Ontario: [www.taekwondo-ontario.com](http://www.taekwondo-ontario.com)
- Standard Dress Code: BBW Dobok with Belt - White or Black plain undershirt may be worn under
- Kyorugi Classes: Only available for students in at least 3x/w with a rank of Yellow belt or higher
- Students must bring full sparring equipment to each Kyorugi and BBW Kyorugi Team class
- Blue belts and higher require sparring gear and must be enrolled in at least 3x/week

BBW High Performance Kyorugi Program: Grand Master Tommy Chang- [master@taekwondo.ca](mailto:master@taekwondo.ca)

Come Follow Us On:



1170 Burnhamthorpe Rd W #2, Mississauga, ON L5C 4E6. Black Belt World Support: [info@taekwondo.ca](mailto:info@taekwondo.ca) | [www.taekwondo.ca](http://www.taekwondo.ca)  
For More Info: (905) 803-1079 BLACK BELT WORLD MISSISSAUGA