

**BLACK BELT WORLD****WEEKLY CLASS SCHEDULE**

(905) 605-7211

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3.00PM - 6.00PM							
4.00PM - 4.30PM	4.00PM-4.30PM TINY TIGER <u>Curriculum</u> Ages 3-5	4.00PM-4.45PM CHILDREN <u>Poomsae</u> Blue to Black	4.00PM-4.45PM TINY TIGER <u>Sparring</u> Yellow and up	4.00PM-4.45PM CHILDREN <u>Poomsae</u> White to Yellow	4.00PM-4.30PM TINY TIGER <u>Curriculum</u> Ages 3-5	10.00AM-10.30AM TINY TIGER <u>Curriculum</u> Ages 3-5	
4.30PM - 5.15PM	4.30PM-5.15PM CHILDREN <u>Curriculum</u> White to Yellow	4.45PM-5.30PM CHILDREN <u>Poomsae</u> Orange to Purple	4.45PM - 5.45PM CHILDREN <u>Sparring</u> Orange to Purple	4.45PM-5.30PM CHILDREN <u>Poomsae</u> Orange to Purple	4.30PM-5.15PM CHILDREN <u>Curriculum</u> Blue to Black	10.30AM-11.15AM CHILDREN <u>Curriculum</u> All Belts	
5.15PM - 6.00PM	5.15PM-6.00PM CHILDREN <u>Curriculum</u> Orange to Purple	5.30PM-6.00PM TINY TIGER <u>Curriculum</u> Ages 3-5	5.45PM-6.45PM CHILDREN <u>Sparring</u> Blue to Black	5.30PM-6.00PM TINY TIGER <u>Curriculum</u> Ages 3-5	5.15PM-6.00PM CHILDREN <u>Curriculum</u> Orange to Purple	11.15PM-12.15PM FAMILY CLASS <u>Curriculum</u> Children/Adult Mix	
6.00PM - 6.45PM	6.00PM-6.45PM CHILDREN <u>Curriculum</u> Blue to Black	6.00-6.45PM CHILDREN <u>Poomsae</u> White to Yellow		6.00PM-6.45PM CHILDREN <u>Poomsae</u> Blue to Black	6.00PM-6.45PM CHILDREN <u>Curriculum</u> White to Yellow	12.15PM-1.30PM Children/Teen/Adult Mix <u>Sparring</u> Yellow and Up	
6.45PM - 7.30PM	6.45PM-7.30PM FAMILY CLASS <u>Curriculum</u> Children/Adult Mix	6.45PM-7.30PM FAMILY CLASS <u>Poomsae</u> Children/Adult Mix	6.45PM-8.00PM TEEN & ADULTS <u>Sparring</u> Yellow and up	6.45PM-7.30PM FAMILY CLASS <u>Poomsae</u> Children/Adult Mix	6.45PM-7.30PM FAMILY CLASS <u>Curriculum</u> Children/Adult Mix		
7.30PM - 8.00PM	7.30PM-8.30PM TEEN & ADULT <u>Curriculum</u> All Belts 13+	7.30PM-8.30PM Black Belt Class		7.30PM-8.30PM Black Belt Class	7.30PM-8.30PM TEEN & ADULT <u>Curriculum</u> All Belts 13+	2.00PM-4.00PM DEMO CLASS	
8.30PM - 9.30PM	8.30PM-10.00PM KYORUGI	8.30PM-9.30PM TEEN & ADULT <u>Poomsae</u> All Belts 13+	8.00PM-9.30PM KYORUGI	8.30PM-9.30PM TEEN & ADULT <u>Poomsae</u> All Belts 13+	8.30PM-10.00PM KYORUGI	Invitation Only	

IMPORTANT & INFORMATION

1. For safety reasons, parents/spectators are not allowed on the training area/matted surface
2. Class Schedule may be changed occasionally, every 6 months
3. Color Belt Test forms and fees must be in two (2) days prior to testing to avoid late fee of \$20
4. Please try your best attend class, as credit for missed days are not provided
5. Students (Guardian) will be held responsible for any damages or vandalism made at BBW
6. There will be no class on the last Friday of each month due to testing

7. Consultation with Master Chang or any instructor requires an appointment

8. All uniforms and equipment worn in class must be purchased through Black Belt World

9. It is mandatory for all students to be registered with Taekwondo Ontario: www.taekwondo-ontario.com

10. Standard Dress Code : BBW Dobok with Belt - White or Black plain undershirt may be worn under

11. Sparring Classes : Only available for students in at least 3x/w with a rank of Yellow Belt or higher

12. Students must bring full sparring equipment to each Sparring and BBW Kyorugi Team class

13. Blue belts and higher require sparring gear and must be enrolled in at least 3x/week



BIRTHDAY PARTY
&
PRIVATE LESSONS
BOOK
WITH US !